

# EMSCULPT®

<b>Patient's name:</b>	<b>Date of birth:</b>	<b>Age:</b>
<b>Phone:</b>	<b>Email:</b>	

You are scheduled for a series of non-invasive treatments with the Emsculpt. The device is indicated for improvement of abdominal tone, strengthening of the abdominal muscles, development of firmer abdomen. Strengthening, toning and firming of buttocks. **Initials:** \_\_\_\_\_

Your treatment provider will discuss your specific treatment needs. Recommended number of treatments is 4. The treatment is typically about 30 minutes per session, with sessions separated by at least two days. Completing a full treatment series is necessary to maximize treatment efficacy. You may need additional treatments depending on your goals. **Initials:** \_\_\_\_\_

Before the treatment, you are not required to do anything special, however, keeping your body well hydrated is recommended. On the day of the treatment, you are advised to wear comfortable clothing which allows flexibility for correct positioning during the treatment. You will be asked to remove all metallic accessories and electronic devices. **Initials:** \_\_\_\_\_

I acknowledge that a successful treatment outcome can be affected by smoking or excessive alcohol consumption, as well as: eating disorders or on-going medication. While no special diet is required, you are encouraged to eat healthy to help promote and maintain results. **Initials:** \_\_\_\_\_

The treatment does not require anesthesia. During the application, you will feel intense muscle contractions in the treated area. The procedure doesn't require any recovery time. Typically, you can get back to your daily routine right after the treatment. **Initials:** \_\_\_\_\_

I acknowledge that the treatment should preferably be applied directly over the skin. If not, I am aware **not to wear any metallic accessories (such as jewelry, watch or clothes containing metallic threads)** during the treatment. I also acknowledge that I **do not have any metallic or electronic implants (such as pacemakers, defibrillators, metallic IUDs, etc.)** **Initials:** \_\_\_\_\_

**Please answer whether you currently have or have had any of the following\*:**

▪ Metal or electronic implants	YES	NO	
▪ Cardiac pacemakers, implanted defibrillators, implanted neurostimulators	YES	NO	
▪ Drug pumps		YES	NO
▪ Pulmonary insufficiency	YES	NO	
▪ Malignant tumor	YES	NO	
▪ Fever		YES	NO
▪ Metallic IUD	YES	NO	
▪ Sensitivity or allergy to latex	YES	NO	
▪ Hemorrhagic conditions	YES	NO	
▪ Injured or otherwise impaired muscles		YES	NO
▪ Heart disorders	YES	NO	
▪ Epilepsy	YES	NO	
▪ Recent surgical procedures (muscle contraction may disrupt the healing)	YES	NO	
▪ Areas of the skin which lack normal sensation		YES	NO

**If you answer YES to any of these questions, please specify:**

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**Please answer the following:**

- Have you been pregnant?
  - C-section
  - Vaginal birth
- Are you satisfied with the strength of your core muscles?
- Are you satisfied with the shape of your buttock?

\*For the full range of contraindications, warnings, and cautions, consult your treatment provider.

## Treatment considerations



- I am aware that the treatment cannot be applied over the head, heart and neck. **Initials:** \_\_\_\_\_
- I am aware that pregnancy and nursing are contraindicated, and pregnant women cannot undergo the treatment. **Initials:** \_\_\_\_\_
- I understand that there are certain risks associated with Emsculpt treatments and they include but are not limited to muscular pain, temporary muscle spasm, temporary joint or tendon pain, local erythema or skin redness and intramuscular fat decrease\*. **Initials:** \_\_\_\_\_
- I understand that the treatment over injured or otherwise impaired muscles is contraindicated\*

**Initials:** \_\_\_\_\_

- I understand that the treatment may involve risks of complications or injury from both known and unknown causes, and I freely assume these risks. **Initials:** \_\_\_\_\_
- I agree to before and after treatment photographs, measurements and weighing, as this will help for medical evaluation of the results of the treatment. Information will be acquired for medical records or marketing purposes. **Initials:** \_\_\_\_\_
- I understand the results may vary from person to person and that an exact result cannot be predicted. Completing a full treatment series is necessary to maximize treatment efficacy. It is very unlikely, but it is possible that you will not feel any recognizable result after the procedure. I acknowledge the results may not meet my expectations. **Initials:** \_\_\_\_\_
- I certify that I have read this entire document and that I agree with all provisions. I certify that I have had the opportunity to ask questions and these questions have been answered in full to my satisfaction.  
I fully understand the treatment conditions, the procedure, and possible side effects. **Initials:** \_\_\_\_\_
- I have read the above information, and I request and give my consent to be treated with the Emsculpt by the physician(s) in this practice and his/her designated staff. **Initials:** \_\_\_\_\_

My signature below indicates that the above information is accurate and current.

**Patient's signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

\_\_\_\_\_

**Witness (in print):** \_\_\_\_\_ **Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Practice Name:** \_\_\_\_\_

\*For the full range of possible adverse effects and expected device-related treatment sequelae, consult your treatment provider.